





## Tibet Nature Kingdom Tour - 9 Days

Get started from the holy city - Lhasa, you will then appreciate the prominent historical and religious sites like mystical Potala Palace, sacred Jokhang Temple, and sprawling Sera Monastery. Highlight of the tour is the visit to the two heavenly lakes in Tibet - Yamdrok Lake and Namtso Lake. Take this 9-day tour, you will deeply overwhelmed by the holy scenic views in Tibet.

Date	Destinations	Attractions, Meals & Transport
1	Day 1 Lhasa	 airport-hotel transfer in Lhasa
2	Day 2 Lhasa	 breakfast, lunch  <b>Potala Palace, Jokhang Temple</b> The Potala Palace, which used to be the residence of the Dalai Lama and seat of the Tibetan government, is currently converted into a museum. It is comprised of over 200,000 statues, temples, shrines, and historical Tibetan relics. The Jokhang Temple, which commemorates the marriage of Tang princess Wencheng to King Songtsen Gampo, earns the reputation as the first Buddhist temple in Tibet.
3	Day 3 Lhasa	 breakfast, lunch  <b>Norbulingkha, Sera Monastery</b> The Norbulingkha is the summer palace of the Dalai Lama. The Sera Monastery, one of the three most distinguished monasteries in Lhasa, is famous for its tantric teachings.
4	Day 4 Lhasa - Nyingchi (by automobile)	 private transfer from Lhasa to Nyingchi  breakfast, lunch  <b>Draksumtso Lake</b> Draksumtso Lake is one of Tibet's most famous scenic spots. The lake is an alpine lake at the mid-upper reaches of the Bar River, largest tributary of the Niyang River. The lake has a length of 18 km and an average breadth of 1.5 km. The deepest point of the lake is about 60 meters.

5	Day 5 Nyingchi	 breakfast, lunch  <b>Giant Cypress Forest, Lulang Forest</b> Giant Cypress Forest is a complete forest of the giant Yarlung Zangbo cypress, a special species peculiar to Tibet. It has been a holy land of the local Tibetan for many centuries. The forest is mysterious and frequently visited by the tourists from all over the world. Lulang Forest is a typical plateau-mountain-meadow, which is known as a fairyland where gods live in with scenic beauties, with breathtaking scenery in different seasons. LuLang means “a place that will make you forget your home”. Also, it is the best spot to watch the Namjagbarwa (the highest peak in Nyingchi with an elevation of 7782 meters).
6	Day 6 Nyingchi - Tsetang (by automobile)	 private transfer from Nyingchi to Tsetang  breakfast, lunch  Today, you will transfer from Nyingchi to Tsetang. On the way, you will pass through Miling County, Lang County and Gyatsa County.
7	Day 7 Tsetang	 breakfast, lunch  <b>Samye Monastery</b> The Samye Monastery, the first Buddhist monastery built in Tibet, is a must-see site in Tibet. Tibetan people believe that the souls of the dead will not be incarnated unless the deceased has reached Samya before.
8	Day 8 Tsetang	 breakfast, lunch  <b>Yumbulakhang Palace, Tradruk Temple</b> The Yumbulakhang Palace is surrounded by various myths and legends associated with the founding of Tibetan civilization. It is also the oldest-known dwelling in Tibet. The Tradruk Temple is said to have been the second of Tibet's earliest great geomantic temples after the Jokhang Temple.
9	Day 9 Tsetang - Lhasa (by automobile)	 private transfer from Tsetang to Lhasa airport.  breakfast

#### About Tibet Travel Permits:

1. All foreign travelers are required to have the Tibet Travel Permit (or Tibet Permit, Tibet Entry Permit) in hand before entering Tibet. The Tibet Travel Permit is issued by Tibet Administration to the authorized travel agencies, but not to individual travelers directly.
2. CITS handle Tibet Permit application for guests who booked Tibet tour package from us. Travelers can either take a tailored private tour or join in a group tour. The tour package should include services of tour guide, automobile, sightseeing & accommodation. Please be advised that we do NOT offer “permit-only” service.
3. The Tibet Permit needs to be applied **at least 20 days** prior to arrival in Tibet, so we suggest travelers send the tour inquiry **at least 30 days** in advance.
4. The general travel information (including tour dates, travelers’ personal information, destinations in Tibet...) will be attached to the Tibet Permit, so the travel itinerary could not be changed once the tour is confirmed.
5. All travelers can get Tibet Permit through an authorized travel agency except diplomats, journalists, and government officials who should travel to Tibet under the arrangement by the Foreign Affairs Office of Tibet Government.

## How to book a Tibet tour with Tibet Travel Permit:

Step1: Traveler sends a travel inquiry to CITS.

Step 2: CITS travel counselor sends you an itinerary and quote. We are pleased to make any changes as per your request before you are completely satisfied with the tour proposal.

Step 3: Book the tour and make the payment via bank transfer or PayPal. Payment needs to be received by us at least 20 days before your arrival.

Step 4: Send us the following document & information:

- A scanned copy of your passport (photo page);
- A scanned copy of your China visa (tourist visa);
- All travelers' information including full names, gender, date of birth, passport number, nationality and occupation;

Step 5: Your travel counselors will confirm the tour and send you an email attached with the confirmation & voucher.

Step 6: When you leave for Lhasa you will need to show the original copy of the Tibet permit when checking in at the airport or railway station. The permit will be delivered to our local office in the departure city. You will need to pick it up from the local office. If you booked the land service at that city, our guide will pass the permit to you.

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### Tour Includes :

- Private tour guide
- Private air-conditioned coach
- Land transfers between airport or railway station and hotel
- Entrance tickets as listed
- Chinese lunch as listed
- Centrally located hotels with breakfast
- Tibet Travel Permit
- Service charge & government taxes

### Tour Excludes :

- Flight or train ticket
- Personal expenses such as laundry, drinks, phone bills, optional activities
- Tips for guides and drivers
- China Visa
- Travel insurance

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### About Shopping or No-shopping Tours

Since October, 2013, CITS offers truly alternative prices of tours with or without shopping. Exceptionally, some tours only have one type price, such as seat-in-coach, hiking, self-driving and luxury tours, etc. [Click here know more details.](#)

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