



Info@cits.com.cn



+86-10-65222991

## Wudang Mountain Taiji Tour - 5 Days

This 5-day Taiji tour will definitely give you new release from pressure and make balanced achievement between you and nature! You can learn more about Daoism, practice Taiji from masters, and feel the inner peace in historical and beautiful Wudang Mountain.


### 240-Hour Visa-Free Transit in China

China is implementing a 10-day (240 hours) visa-free transit policy. The transit program allows visitors who have existing flight bookings from China to a third country (region) to snag a visa on arrival at a Chinese airport (port) and stay for 10 days before departure. Hong Kong, Macao and Taiwan all count as third destinations.

Passport holders of 54 countries, including the United States and the United Kingdom, can enter visa-free through any of the 60 open airports (ports) in 24 provincial regions, covering popular tourist cities like Beijing, Shanghai, Xi'an, Chengdu and Guangzhou.

Read more about [240-Hour Visa-Free Transit in China](#).

Meanwhile, citizens from 38 countries can [enter China visa-free for up to 30 days](#).

Date	Destinations	Attractions, Meals & Transport
1	Day 1 Wudang Mountain	 Upon arrival at the train station of Shiyan City, meet your guide and transfer to the hotel. Known as the most famous Taoist holy mountain in China, the Wudang Mountain was listed by UNESCO as a World Cultural Heritage Site in 1994.  <b>Meals:</b> dinner <b>Accommodation:</b> small town close to the Wudang Mountain Scenic Area



In the morning, take a car ride to the Wudang Mountain Scenic Area.

Firstly, you will visit the **Yuxu Palace**, appreciating the aesthetic of ancient Chinese architecture under the mystery of Daoism.

Head to the **Prince Slope**, where to enjoy the splendid view from the slope peak and experience tea art in Chinese flavor.

Then, visit the **Purple Heaven Palace**, many frescos and glass carvings are preserved well in the palace. This place is the biggest Taoism execution ground in China. It is a good chance to study Taoism from masters and sit in meditation with comfort music and peace atmosphere.

**Taiji lesson:** 2 hours

**Meals:** breakfast, lunch, dinner

**Accommodation:** hotel in the Wudang Mountain Scenic Area



3

Day 3 Wudang Mountain



In the morning, practice Taiji under the guidance of the master. Continue to climb up to the **Golden Summit** and overlook the Wudang Mountain from the top. Visit the Plum Memorial Temple, the Little Wudang, the Yellow Dragon's cave, and the Looking Skyward Palace along the way. Later, explore the **Happy Valley** along the stream. Happy Valley is another water-nearing rite of Taoism. Practice Taiji at **Yuxu Cliff**, where used to be the rite for saints Lao-tzu and Zhuangzi.

**Taiji lesson:** 2 hours

**Meals:** breakfast, lunch, dinner

**Accommodation:** hotel in the Wudang Mountain Scenic Area



4

Day 4 Wudang Mountain



In the morning, practice Taiji under the guidance of the master. Then, visit the most magnificent cliff, **South Cliff Palace** in the Wudang Mountain. Stop at **traditional Chinese medical hospital** en route. After lunch, **Wudang Taoism Kung Fu Academy** is waiting for your visit. You can express your personal feelings and confusions about Taiji and masters here would love to guide you with all effort.

**Taiji lesson:** 2 hours

**Meals:** breakfast, lunch, dinner

**Accommodation:** small town close to the Wudang Mountain Scenic Area

5	Day 5 Wudang Mountain	<div data-bbox="625 91 671 141"></div> <p>Today, transfer to the train station for your departure. Service ends. <b>Meals:</b> breakfast</p> <div data-bbox="686 226 1452 246"></div> <p><b>Price upon request</b></p> <p><b>Tour Includes:</b></p> <ul style="list-style-type: none"> <li>-English-speaking tour guide service</li> <li>- Land transfers between railway station and hotel</li> <li>- 4 nights' accommodation on twin-room sharing basis</li> <li>- Breakfast, lunch and dinner as listed</li> <li>- Entrance ticket for the scenic area.</li> <li>- Taiji lessons as listed</li> </ul> <p><b>Tour Excludes:</b></p> <ul style="list-style-type: none"> <li>-- Cable car ticket of the scenic area</li> <li>-- Flight or train ticket</li> <li>-- Personal expenses such as laundry, drinks, phone bills, optional activities</li> <li>-- Tips for guides and drivers</li> <li>-- Chinese Visa</li> <li>-- Travel insurance</li> </ul>
---	-----------------------	---

## About Shopping or No-shopping Tours

Since October, 2013, CITS offers truly alternative prices of tours with or without shopping. Exceptionally, some tours only have one type price, such as seat-in-coach, hiking, self-driving and luxury tours, etc. [Click here know more details.](#)